



**News Release**

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## **Symetra Awards Top Honor for Community Service to Delois Howell**

BELLEVUE, Wash. — (March 13, 2018) — Symetra, a national provider of employee benefits, annuities and life insurance, announced that Delois Howell is the recipient of the company's eighth-annual CEO Service Award. The award recognizes Symetra employees for exemplary community service. Howell is a registered nurse and senior medical risk consultant in Symetra's medical stop-loss claims department in Miami.

"'Swift to Serve' is one of Symetra's core values and a spirit that Delois exemplifies through her commitment to community. Her outsized capacity for helping others is a remarkable contrast to the quiet, humble manner in which she accomplishes all that she does," said Symetra CEO Margaret Meister, who selected Howell for the honor.

Howell has contributed her time and energy on behalf of multiple Miami-area organizations, including serving on the American Cancer Society's volunteer leadership board, participating in annual Making Strides Against Breast Cancer walks and Relay for Life events, and advocating for cancer research through her involvement with the Cancer Action Network. Howell also volunteers with the Chapman Partnership, which serves the homeless. She has served as an Ambassador Program captain for the Orange Bowl Committee, whose fundraising initiatives help support the South Florida community. Last fall, the group raised \$65,000 to assist residents affected by Hurricane Irma.

"Service to others is at the core of Delois's heart," wrote Symetra VP Marien Diaz in her nomination. "Delois encourages her Symetra colleagues in Miami to experience the joy that can be found in volunteering for causes that are meaningful to us as individuals. Her dedication to making a positive difference in our South Florida community is a powerful inspiration for all of us."

As part of the CEO Service Award, Symetra donates \$1,500 to the nonprofit organization of the honoree's choice. Howell is directing her award to the American Cancer Society.

### **Commitment to Community Service**

Symetra helps support its employees' volunteer spirit through the company's matching time program, annual Symetra Week of Service and Symetra Service Squad. Since 2009, the *Symetra Week of Service* has connected employees with volunteer opportunities in the community. From clearing trails to tutoring students to assembling emergency preparedness kits, employees choose a project they care about and take time out of their work day to volunteer, contributing nearly 12,000 Week of Service hours to date. The *Symetra Service Squad* is an employee force ready to roll up their sleeves and give back. Members meet to share ideas about volunteer opportunities and hear from local nonprofits about ways to get involved in the community.

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**About Symetra**

Symetra Financial Corporation is a diversified financial services company based in Bellevue, Wash. In business since 1957, Symetra provides employee benefits, annuities and life insurance through a national network of benefit consultants, financial institutions, and independent agents and advisors. For more information, visit [www.symetra.com](http://www.symetra.com).

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