

News Release

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**Symetra Celebrates the Power of Community Volunteerism
During 11th Annual Week of Service**

Nearly 800 Symetra employees to volunteer at 54 nonprofits—34 in Puget Sound region

BELLEVUE, Wash.—June 11, 2019—Symetra CEO Margaret Meister joined hundreds of company employees yesterday who turned out to volunteer at community projects across Symetra’s Puget Sound hometown region and around the country as the national provider of employee benefits, annuities and life insurance kicked off its 11th annual *Symetra Week of Service*.

From June 10-14, nearly 800 Symetra employee-volunteers will take time from their workday, roll up their sleeves and tackle 73 projects on behalf of 54 nonprofit organizations. They have contributed more than 16,000 Week of Service hours since the program began in 2009.

“We are proud to support our employees’ volunteer spirit during *Symetra Week of Service* and throughout the year,” said Ms. Meister, who helped clear invasive plant species along the CKC Trail in Kirkland, Washington. “As individuals, our employees are empowered to give back to the causes and organizations that matter to them personally through hands-on service opportunities like this. Every year, we all look forward to this powerful expression of Symetra’s ‘Swift to Serve’ core value as we come together on behalf of our communities.”

2019 Symetra Week of Service nonprofit partners include:

- **American Heart Association of Puget Sound**
- **American Red Cross—Northwest Region**
- **Attain Housing**
- **Bellevue Botanical Garden**
- **Bellevue LifeSpring**
- **Boys & Girls Clubs of Bellevue**
- **City of Bellevue**
- **City of Kirkland**
- **City of Renton**
- **Eastside Baby Corner**
- **Food Lifeline**
- **Friends of Youth**
- **Green Kirkland Partnership**
- **Green Plate Special**
- **Hopelink**
- **Imagine Children's Museum**
- **Imagine Housing**
- **Issaquah Food and Clothing Bank**
- **Kindering**
- **Ladybug House**
- **Lifelong**

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- Little Bit Therapeutic Riding Center
- Ronald McDonald House of Western Washington & Alaska
- Seattle Children's Hospital
- Seattle Humane Society
- Seattle PrideFest
- Snoqualmie Valley Food Bank
- The Sophia Way
- Summit Assistance Dogs
- Together We Rise
- Treehouse for Kids
- Wellspring Family Services
- Westside Baby
- Youthcare

Outside of the Puget Sound area, employees will participate in volunteer activities on behalf of **20** nonprofits across Symetra's national office footprint:

- **Ashland, Wis.**—Ashland Historical Society Museum, Ashland Parks and Recreation, Chequamegon Humane Association and Northern Great Lakes Visitors Center.
- **Enfield, Conn.**—Connecticut Children's Medical Center, Elizabeth Park Conservancy and Enfield Food Shelf.
- **Farmington, Conn.**—Camp Courant, Food Share, Northwest Park and the Simon (Animal) Foundation.
- **Miami**—Fairchild Tropical Botanic Garden and Zoo Miami.
- **Norcross, Ga.**—Norcross Cooperative Ministry.
- **Waltham, Mass.**—Waltham Boys & Girls Club and Waltham Fields Community Farm.
- **West Des Moines, Iowa**—Blank Children's Hospital, Central Iowa Shelter & Services, Meals from the Heartland and Ronald McDonald House.

Follow Symetra Week of Service activities [@Symetra](#), [#SymetraCares](#). To learn more about the Symetra's community programs, visit www.symetra.com/community.

About Symetra

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